



Garda Older Persons Association

Ageing Well - Safety and Security of Older People Workshops

Tuesday 8th October

Sallynoggin Community and Senior Centre, 10.30am – 1pm

Thursday 10th October

Taney Parish Centre, Dundrum, 10.30am – 1pm

10.00am-10.30am : Registration-Tea/Coffee

10.30am-11.00am: *Speaker*-Sgt James Malone, Crime Prevention Officer

‘Crime Prevention - Focusing on Home Security’

11.00am-11.30am: *Speaker*- Advanced Nurse Practitioner, St Michael’s Hospital

‘Outcomes of Tilda Study’

11.30am-12.00pm: *Speaker*- HSE Senior Physiotherapist

‘Safety and Falls prevention in the Home’

12.00pm-12.30pm: Questions and Answers.

All Welcome



DMR (East) Garda Older Persons Consultation Committee